



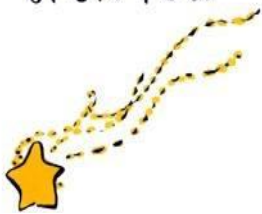
*Are you **STUCK** in a rut?*

*Are you putting off being **HAPPY**?*

*Do you feel you are living your life purpose and fulfilling your dreams **NOW**?*

# Your Dreams Start **NOW!**

THE STAR MADE A WISH  
WHILE YOU WERE ASLEEP  
AND SHE HOPES YOU CAN  
MAKE IT COME TRUE  
BECAUSE JUST LIKE THOSE TIMES  
THAT YOU'VE WISHED ON A STAR  
THAT STAR MADE A WISH  
UPON YOU.



In this full day's workshop you will have time to explore:

- **Do dreams come true?** You will learn how visioning truly works and dreams become a reality by creating a map to your subconscious.
- **Self Check.** Have you asked yourself what's important to you lately? You will learn the difference of understanding what you think you should have compared to what you actually want.
- **Start your dreams NOW.** Learning to use a mindfulness approach you have more awareness of this moment therefore providing clarity to your life purpose.
- **Make your Heart Goals and Dream Catchers.** You will come away with specific goals and dream catchers to *make your dreams start NOW!*